

M.A. in Yoga–Vedānta

A Journey into Knowledge, Practice and Inner Transformation

Admissions Open for the Academic Year 2026–27

Discover the Timeless Wisdom of Yoga and Vedānta

The **M.A. in Yoga–Vedānta** at **Poornaprajna Samshodhana Mandiram (PPSM)**, **Bengaluru**, offers a unique opportunity to systematically study two of India's महान intellectual and philosophical traditions—**Yoga and Vedānta**.

This two-year postgraduate programme brings together **classical knowledge, philosophical inquiry, textual study, practical understanding, research and contemporary relevance**.

Whether you are a graduate interested in **Yoga, Vedānta, Indian Philosophy, Sanskrit, Indian Knowledge Systems, education, research, spirituality or personal intellectual development**, this programme provides a meaningful and strong academic foundation.

Why Choose M.A. in Yoga–Vedānta?

A Unique Combination of Yoga and Vedānta

Yoga and Vedānta represent two of India's most profound knowledge traditions.

Yoga explores the discipline, development and transformation of the individual, while Vedānta examines fundamental questions concerning knowledge, consciousness, life, the individual self and ultimate reality.

Through this programme, students will have an opportunity to explore questions such as:

- Who am I?
- What is the nature and purpose of human life?
- What is knowledge?
- What is the relationship between the individual, the world and the Supreme Reality?
- What is consciousness?
- How can knowledge contribute to a meaningful and purposeful life?

- What is the significance of Yoga and Vedānta in contemporary society?

This programme offers students an opportunity to engage with these questions through the rich intellectual traditions of India.

What Will You Study?

The programme offers systematic exposure to important areas of Yoga, Vedānta and Indian knowledge traditions.

Students may engage with areas such as:

- **Yoga Philosophy**
- **Vedānta**
- **Indian Philosophy**
- **Classical Yoga Traditions**
- **Sanskrit Texts**
- **Indian Knowledge Systems**
- **Research Methodology**
- **Philosophical and Critical Thinking**
- **Textual and Traditional Knowledge Studies**

The programme is designed not merely as a course of study, but as an opportunity for **intellectual exploration, deeper understanding and academic growth.**

Who Can Apply?

Any Graduate Can Apply

Graduates from diverse academic backgrounds who are interested in Yoga, Vedānta and India's knowledge traditions can explore this programme.

This programme may be of particular interest to students interested in:

- Yoga
- Vedānta
- Indian Philosophy
- Sanskrit

- Indian Culture
 - Indian Knowledge Systems
 - Education
 - Research
 - Classical Knowledge Traditions
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Why Study at Poornaprajna Samshodhana Mandiram?

Poornaprajna Samshodhana Mandiram is dedicated to the study, preservation, promotion and dissemination of India's rich intellectual and cultural heritage.

The institution has a strong academic and research environment in areas such as:

- Sanskrit
- Vedānta
- Indian Philosophy
- Yoga
- Indian Knowledge Systems
- Manuscript Studies
- Traditional Śāstric Studies
- Research and Publications

Students can benefit from an environment enriched by **academic lectures, seminars, scholarly interaction, research activities, publications and learning resources.**

Career and Employment Opportunities

Build Your Future with an M.A. in Yoga–Vedānta

An **M.A. in Yoga–Vedānta** is more than a postgraduate degree. It can provide a strong academic foundation for students interested in **teaching, research, Yoga, Indian Knowledge Systems, philosophy, Sanskrit, publishing, digital education and other knowledge-based fields.**

With increasing academic interest in India's knowledge traditions, students with a strong understanding of **Yoga, Vedānta, Indian Philosophy and classical knowledge systems** can explore a variety of future pathways.

1. Opportunities in Teaching and Education

With the required qualifications and subject to the eligibility criteria and regulations of the respective institutions, graduates may explore opportunities in:

- Colleges and universities
- Yoga education institutions
- Schools and educational institutions
- Indian Knowledge Systems programmes
- Online and digital education platforms
- Academic and training programmes
- Yoga, Philosophy, Sanskrit and Indian culture-related education

Students may also pursue further qualifications and academic specialisation to build careers in teaching and higher education.

2. Research and Higher Education

The programme can provide a strong foundation for students who wish to continue towards advanced academic study.

Possible pathways include:

- **Ph.D. and advanced research**
- Research in Yoga and Vedānta
- Indian Knowledge Systems research
- Indian Philosophy and Sanskrit studies
- Interdisciplinary research
- Research projects and fellowships
- Research Assistant positions
- Project Assistant positions
- Textual and manuscript-based research

For students with a passion for knowledge and academic inquiry, this programme can be the beginning of a meaningful journey into research and higher education.

3. Opportunities in Indian Knowledge Systems (IKS)

Indian Knowledge Systems is an important and growing area of academic study, research and educational development.

Students with knowledge of **Yoga, Vedānta, Sanskrit and Indian philosophical traditions** may explore areas related to:

- IKS research projects
- Academic programmes
- Curriculum development
- Educational content development
- Research and documentation
- Digital knowledge resources
- Interdisciplinary academic projects
- Indian heritage and knowledge initiatives

The interdisciplinary nature of Indian Knowledge Systems can create opportunities for students who combine traditional knowledge with modern academic and research skills.

4. Opportunities in the Yoga and Wellness Sector

Yoga has developed into an important field of education, wellness and lifestyle.

With appropriate additional professional training, practical experience, certification and other required qualifications, students may explore areas such as:

- Yoga teaching and training
- Yoga institutions and centres
- Wellness programmes
- Corporate wellness initiatives
- Online Yoga education
- Lifestyle and wellness programmes
- Yoga-related educational content development

- Workshops and training programmes

An academic understanding of Yoga combined with appropriate practical and professional training can help students develop specialised career pathways.

5. Writing, Publishing and Content Development

There is increasing interest in meaningful and authentic knowledge related to **Yoga, Vedānta, Indian Philosophy, Sanskrit and Indian culture**.

Students may develop skills and explore opportunities in:

- Academic writing
- Book and article writing
- Educational content development
- Digital learning materials
- Online course development
- Translation
- Editing and proofreading
- Research-based publications
- Sanskrit and Indian knowledge content
- Website and digital platform content

Students with strong subject knowledge and communication skills can combine traditional knowledge with modern publishing and digital platforms.

6. Manuscript and Traditional Knowledge Studies

India possesses an immense intellectual heritage preserved in manuscripts and classical texts.

Students interested in this field may pursue further specialised training and research in areas such as:

- Manuscript studies
- Manuscript preservation and documentation
- Textual editing

- Critical editions
- Digitisation of manuscripts
- Translation and interpretation
- Research on classical texts
- Preservation and dissemination of traditional knowledge

This pathway can be particularly suitable for students interested in Sanskrit, classical literature and India's textual heritage.

7. Digital and Online Education

The rapid growth of digital learning has created new possibilities for individuals with specialised academic knowledge.

Students may develop expertise in:

- Online teaching
- E-learning content development
- Digital courses
- Educational videos and lectures
- Academic podcasts
- Online workshops
- Digital knowledge platforms
- Subject-specific educational content

A strong academic foundation in Yoga and Vedānta, combined with digital skills, can help students explore modern forms of knowledge dissemination.

Choose Your Own Career Path

Want to Become a Teacher?

Continue with the required qualifications and explore opportunities in schools, colleges, universities and educational institutions.

Interested in Research?

Move towards **Ph.D., fellowships, research projects and academic research.**

Want to Build a Career in Yoga?

Combine your academic knowledge with appropriate professional training, practical experience and certification.

Interested in Indian Knowledge Systems?

Explore opportunities in research, education, curriculum development, documentation and knowledge-based projects.

Passionate About Writing and Publishing?

Develop skills in writing, translation, editing, publishing and educational content development.

Interested in India's Ancient Knowledge Heritage?

Move towards specialised study and research in manuscripts, classical texts and traditional knowledge.

One Degree — Multiple Future Pathways

Teaching | Research | Ph.D. | Yoga | Indian Knowledge Systems | Writing | Publishing | Digital Education | Manuscript Studies

An **M.A. in Yoga–Vedānta** provides more than subject knowledge. It can help students build a foundation for **higher education, research, teaching and specialised knowledge-based career pathways**.

More Than a Degree

This programme is designed for students who are looking for something beyond a conventional postgraduate qualification.

It can help students develop:

Intellectual Clarity

Explore important philosophical questions and develop the ability to think critically and systematically.

Deep Subject Knowledge

Develop an understanding of Yoga, Vedānta and India's rich intellectual traditions.

Research Skills

Build a foundation for advanced study, academic research and scholarly inquiry.

Understanding of Indian Knowledge Traditions

Develop a deeper appreciation of India's philosophical, intellectual and cultural heritage.

Personal and Intellectual Development

Explore ideas relating to knowledge, discipline, purpose and human development through systematic academic study.

A Rich Academic and Research Environment

Poornaprajna Samshodhana Mandiram has contributed to scholarship and knowledge dissemination through its academic and research activities.

Major Academic Contributions

- **120+ Sanskrit Works**
- **20+ Kannada Books**
- **50+ Seminars and Academic Events**
- **53+ Ph.D. Scholars**
- Scholarly lectures and discussions
- Research activities
- Publications
- Academic resources
- Opportunities for intellectual interaction

Students have the opportunity to learn in an environment that values **knowledge, scholarship, research and India's intellectual heritage.**

An Affordable Opportunity for Postgraduate Education

Course Fee: ₹8,000/- Per Year

Total Course Fee for Two Years: ₹16,000/-

The programme offers an opportunity to pursue postgraduate study in the specialised areas of **Yoga and Vedānta** at an affordable fee.

Programme Details

Programme

M.A. in Yoga–Vedānta

Duration

2 Years | 4 Semesters

Eligibility

Any Degree

Course Fee

₹8,000/- Per Year

Application Mode

Online through the Central Sanskrit University Samarth Non-CUET Admission Portal

Last Date for Application

28-08-2026

Take the Next Step Towards Your Future

If you are interested in:

Yoga + Vedānta + Indian Philosophy + Indian Knowledge Systems + Research + Higher Education

then the **M.A. in Yoga–Vedānta** can be an exciting and meaningful next step in your academic journey.

Study the Wisdom of the Past. Develop the Knowledge for the Future.

Begin your journey with M.A. in Yoga–Vedānta at Poornaprajna Samshodhana Mandiram, Bengaluru.

For Admission Guidance and Further Information

Dr. Kartik Bhagwat

 **94486 98828**

Dr. Vinay Desai

 79753 77382

Apply Now

M.A. in Yoga–Vedānta

Poornaprajna Samshodhana Mandiram, Bengaluru

A unique opportunity to explore Yoga, Vedānta, Indian Knowledge Systems, research and new pathways for your academic and professional future.

Career opportunities are subject to the eligibility requirements, recruitment rules, professional qualifications and regulations of the respective institutions and organisations.